



# THE EAGLE'S CRY

St. John Lutheran School • Rogers City, Michigan  
December 10, 2021

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**Chapel & Prayers:** Thank you, Pastor Riddle, for leading our Wednesday Chapel. We didn't have the list for birthdays and baptisms with us this week. They will be celebrated at our next Chapel meeting, but in this week's newsletter we wish a very happy birthday to John Bushman, Jeffrey Schmeling and Hunter Jumper. We also lift a joyful praise for the anniversary of Grace Streblov's baptism. Prayer families this week are the Romels and Rauls. Next week, please keep in your prayers the Kalittas.

This Advent week is a great time to pray for Peace on Earth. Next week is the week of Joy.

On the back side, we have tips from MDHHS for those suffering with winter blues. Please pray for everyone who has the blues and try to be a light to those, who look like they are feeling down.

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## Save the Dates:

Dec. 15: 4-6pm Soup Supper for Teens to Texas  
Dec. 15: 6:30pm St. John Sings at St. John Church  
Dec. 22: 11:40am EARLY DISMISSAL  
Dec. 23-31: NO SCHOOL  
Dec. 24: 5:00pm Christmas Program at Church  
Jan. 4: 6:00pm Board of Education Meeting  
Jan. 7: Lockdown Drill  
Jan. 10: Scrip Orders Due  
Jan. 13: End of Second Marking Period  
Jan. 13: No Busing in the Afternoon  
Jan. 14: 11:40am DISMISSAL



## Winter Is Here!

### Can't Put It Back in the Box, So Let's Dress to Really Enjoy It!

Please send appropriate snow gear with your child daily (or leave a set at school). If your child is in need of gear, please let us know how we can help! An extra change of clothes kept in lockers/cubbies helps too!

### Lunch Helpers Needed All Next Week

Please sign up. We need you.

<https://www.signupgenius.com/go/508094ba4ad2ea4fd0-lunch>

### Pizza Cards Are On Sale in the Office

\$49 for five pizzas; \$99 for 2022 pizza-a-month. Thanks to The Lighthouse for offering this great fundraiser year after year.

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### Fun Dress Dates:

Dec. 15: Dress Like Character in Nativity  
Dec. 17: Ugly Sweater Day

### More Dressing Choices:

Be sure to vote for your favorite "You Matter" T-Shirt Design [rmd.me/W35jt4Ap0h7](http://rmd.me/W35jt4Ap0h7)  
Thank you, PTL, for gifting us the shirts!

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The mission of St. John Lutheran School is to serve God by leading His children to experience and know their Lord and Savior, Jesus Christ.

***St. John is a place where faith and family soar!***

## St. John Children to Sing after Soup

The SJLS Children's Choir will be singing at the 6:30pm worship service on Wed., Dec. 15 at St. John Church. Before the service, from 4-6pm, there will be a Soup Supper in the church lower level. Free will donations are appreciated and will be used to help send our SJLC teens to the July 2022 National Youth Gathering in Texas.

## You Are Always Invited to Our Worship

St. John's Worship Service will begin at 10:30am starting January 2 and continue at 10:30am, throughout the year.

Also, church doors will be locked, during service time. If you are late someone will let you in.



## Getting Ready for Jesus' Birth

### Praying for Joy in This Week Ahead

*The angels sang a message of JOY! "And she gave birth to her firstborn, a son. She wrapped him in cloths and placed him in a manger, because there was no room for them in the inn. There were shepherds living out in the fields nearby, keeping watch over their flocks at night. An angel of the Lord appeared to them... 'Today in the town of David a Savior has been born to you; he is Christ the Lord...Glory to God in the highest, and on earth peace to men on whom his favor rests.' When the angels had left them and gone into heaven, the shepherds said to one another, 'Let's go to Bethlehem and see this thing that has happened, which the Lord has told us about.'" (Luke 2:7-15)*



## Scrip It Up for the Holidays

A gift card order will be placed on Dec. 13. For the holiday season some cards are available in smaller increments. Available for \$10: Amazon, Applebee's, CVS, Olive Garden, Home Depot, iHop, Meijer, Outback, Red Lobster, Regal, Safeway, Target and Walmart. Available for \$5: Barnes & Noble, Cold Stone, Panera Bread and Taco Bell. Orders will arrive before the end of the week

## Winter Blues Are Common



*It is always okay to ask for help.*

MDHHS offers the following tips for those suffering from winter blues:

- Stay active, even if it is doing small things each day.
- Eat a balanced diet and get enough sleep.
- Keep a schedule and try to get fresh air every day.
- Try to find a small pleasure within each day.
- Avoid using too much alcohol and avoid drugs.
- Create a buddy system to have someone you can call when you feel down.
- Set boundaries on how you want to spend your time in a way that works for you. Be respectful of others who may want things from you, but remember to take care of yourself.
- Seek professional help if you need it.

## More Helps:

**888-535-6136 (Press "8" at the Prompt):** For a free, confidential conversation with a trained Stay Well crisis counselor. The phone line is open 24/7 for any Michigan resident.

[Michigan.gov/StayWell](https://Michigan.gov/StayWell) to locate the nearest community mental health services program office, register for a virtual support group or access helpful brochures and recorded webinars.

## Do You Want COVID Tests You Can Take at Home?

We have been invited to take part in the MI Backpack Home Test Program. In the school office there are two tests per student to take home and use if needed. If you would like to take part you must opt-in using their link: [this is the link](#) NOTE: When you go to the link, our ISD is Cheb-Otsego-Presque Isle ESD – 16. Our School District is Rogers City Area Schools. Once you are opted-in, we will supply you the tests. If you use a test, you are required to provide information from your test at the link. The survey helps them know what is helping.